

Medical care vs. health care

by Surgery Center of Oklahoma | Dec 7, 2016 | Blog |



- *Let's talk for a minute about medical care vs healthcare.*
- *...the distinction between these two phrases [is] very clear.*
- *Physicians, after all, deliver medical care to their patients. They do not deliver "health" to patients.*
- *A patient's health condition is partly their responsibility. It is an individual responsibility for all of us to take the best care of ourselves that we can.*

<https://surgerycenterok.com/blog/medical-care-vs-health-care/>

Health Care and Behavior

- Most medical costs in U.S. are behavior related.
- Poor health from: smoking, obesity/diabetes, excess alcohol and sugar, poor diet, lack of exercise and sleep, stress. (Federal campaign promoting "food pyramid" and for low-fat diets were misguided.)
- So if health care is personal responsibility, and much turns on good diet and exercise, how would universal health care be managed? Diet controls and mandatory exercise?
- Proposals for guaranteed income with some amount automatically for health insurance.
- Does universal health insurance = universal health care?

Mixed vs. Universal Health Care

- Health care/medical care in U.S. is a mixed private/government system. State regulations and spending are significant.
- Universal health care has benefits and costs, but suffers from incentive problems. Review of National Health Care in U.K. and Canada. (Current U.S. health care also has incentive problems.)
- *[A] comparison of the British National Health Service and California's Kaiser Permanente [...] found that Kaiser provided more comprehensive and convenient primary care and more rapid access to specialists for roughly the same cost.*

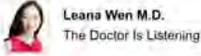
Health Care Reform: Do Other Countries Have the Answers?

Energy & Commerce Subcommittee on Health
United States House of Representatives
June 24, 2009

Statement of
John C. Goodman, Ph.D.
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Hard to define best practices for health and medical care...

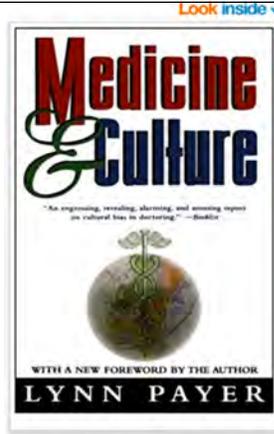
- Recommended medical procedures are different in France, Germany, England, and U.S. Why?
- **Medicine and Culture: Revised Edition** Reprint Edition
- ...Traditional Chinese Medicine (TCM)... is what we refer to as Eastern medicine, in contrast to the Western medicine we know from U.S. hospitals....it somehow involves herbs and that many Chinese people used it.



6 Lessons We Can Learn From Eastern Chinese Medicine

How a Harvard-trained doctor began to appreciate traditional Chinese medicine

<https://www.psychologytoday.com/blog/the-doctor-is-listening/201301/6-lessons-we-can-learn-eastern-chinese-medicine>



Save Us From The Health Care Reformers: They're The Problem, Not The Solution

From the middle of the 19th century until the 1970s, about every serious health reform in the United States was due to the efforts of organized medicine.

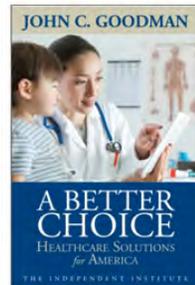


- 🕒 *By the early 20th century, organized medicine had succeeded in passing medical licensing laws in virtually every state.*
- 🕒 *These laws defined who could practice medicine and who could not.*
- 🕒 *For the most part, nurses, physician's assistants and paramedical personnel could not provide any medical services unless they were employees of doctors or worked under their supervision.*

<https://www.forbes.com/sites/johngoodman/2017/09/05/save-us-from-the-health-care-reformers-theyre-the-problem-not-the-solution/#120c116d1130>



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Save Us From The Health Care Reformers: They're The Problem, Not The Solution

From the middle of the 19th century until the 1970s, about every serious health reform in the United States was due to the efforts of organized medicine.



- 🕒 *By the second decade of the 20th century, organized medicine succeeded in controlling entry into the profession by outlawing for-profit medical schools and gaining control of admission to the non-profits.*
- 🕒 *By mid-century, they almost succeeded in driving for-profit companies out of the hospital marketplace. ...*
- 🕒 *With the hospitals firmly under control, health insurance was next. Blue Cross was created by the hospitals and Blue Shield was created by the doctors.*

<https://www.forbes.com/sites/johngoodman/2017/09/05/save-us-from-the-health-care-reformers-theyre-the-problem-not-the-solution/#120c116d1130>



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